



Internet Safety

Charter Schools Conference

October 19, 2023

Bureau of Standards and Instructional Support



FLORIDA DEPARTMENT OF
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Agenda

- ✓ Required Instruction Statute
- ✓ Connecting Computer Science with Health Education
- ✓ Why Internet Safety is Important



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Review Required Instruction Statute

Required Instruction Statute

Section 1003.42(2)(o), Florida Statutes (F.S.)

1. Health education that addresses concepts of community health, consumer health, environmental health, and family life, including:
 - a. Injury prevention and safety.
 - b. Internet safety.
 - c. Nutrition.
 - d. Personal health.
 - e. Prevention and control of disease.
 - f. Substance use and abuse.
 - g. Prevention of child sexual abuse, exploitation, and human trafficking.

HB 379, Technology in K-12 Public Schools

- Effective July 1, 2023, House Bill 379 amended section 1003.42, F.S., expanding required instruction to include comprehensive age-appropriate and developmentally-appropriate K-12 instruction on the effects of social media.
- Instruction for students in grades 6 through 12 on the effects of social media must include the following components:
 - the negative effects of social media on mental health, including addiction;
 - the distribution of misinformation on social media;
 - how social media manipulates behavior;
 - the permanency of sharing materials online;
 - how to maintain personal security and identify cyberbullying, predatory behavior and human trafficking on the Internet; and
 - how to report suspicious behavior encountered on the Internet.



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Connecting Computer Science with Health Education

Florida Health Education Standards K-12

- Revised social media, Internet safety, and screen time benchmarks were presented and approved at the May 2023 State Board of Education meeting.
- All other Health Education standards were adopted at the July 2023 State Board of Education meeting.

Internet Safety Standards within Computer Science Grades K-2

- **SC.K2.CS-PC.1.2** Describe the attributes of a good digital citizen: one who protects private information, balances time online, reports cyberbullying, and recognizes inappropriate content/contact.
- **SC.K2.CS-PC.1.3** Identify safe and unsafe examples of online communications.
- **SC.K2.CS-PC.4.1** Explain that some information is private and should not be shared online.

Internet Safety Standards within Health Education Grades K-2

- **HE.K.PHC.2.3** Identify safe and unsafe examples of Internet use.
- **HE.1.PHC.2.2** Explain why personal information should not be shared on the Internet.
- **HE.2.PHC.2.3** Describe the attributes of a safe and responsible Internet user.

Internet Safety Standards within Computer Science Grades 3-5

- **SC.35.CS-PC.1.1** Identify appropriate and inappropriate uses of technology when posting to social media, sending e-mail, and browsing the Internet.
- **SC.35.CS-PC.1.2** Describe responsible uses of modern communication media and devices.
- **SC.35.CS-PC.2.2** Describe types of cyberbullying and explain what actions should be taken if students are either victims or witnesses of these behaviors.

Internet Safety Standards within Health Education Grades 3-5

- **HE.3.PHC.2.3** Understand the positive and negative impacts technology may have on health.
- **HE.4.PHC.2.3** Discuss how technology influences personal thoughts, feelings, and health behaviors.
- **HE.5.CEH.1.3** Explain how community health can be impacted by Internet and social media in the community.

Internet Safety Standards within Computer Science Grades 6-8

- **SC.68.CS-PC.1.1** Recognize and describe legal and ethical behaviors when using information and technology and describe the consequences of misuse.
- **SC.68.CS-PC.1.2** Describe and use safe and appropriate practices when participating in online communities (e.g., discussion groups, blogs, and social networking sites).
- **SC.68.CS-PC.2.2** Explain the possible consequences of cyberbullying and inappropriate use of social media on personal life and society.

Internet Safety Standards within Health Education Grades 6-8

- **HE.6.CH.2.1** Illustrate ways health messages and communication techniques can be targeted for different audiences through Internet and social media sources.
- **HE.7.CEH.2.3** Evaluate how media/social media influences peer and community health behaviors.
- **HE.8.PHC.2.10** Explain the impact of cyberbullying and inappropriate use of social media on personal wellness.

Internet Safety Standards within Computer Science Grades 9-12

- **SC.912.CS-PC.1.1** Compare and contrast appropriate and inappropriate social networking behaviors.
- **SC.912.CS-PC.1.2** Describe and demonstrate ethical and responsible use of modern communication media and devices.
- **SC.912.CS-PC.2.4** Analyze the positive and negative impacts of technology on popular culture and personal life.

Internet Safety Standards within Computer Science Grades 9-12

- **SC.912.CS-PC.2.5** Construct strategies to combat cyberbullying or online harassment.
- **SC.912.CS-PC.4.5** Identify computer-related laws and analyze their impact on digital privacy, security, intellectual property, network access, contracts, and harassment.

Internet Safety Standards within Health Education Grades 9-12

- **HE.912.CEH.2.3** Propose strategies to avoid risks on social media and the Internet.
- **HE.912.CH.2.2** Evaluate the effect of media/social media on personal and family health.
- **HE.912.PHC.4.3** Develop strategies to combat cyberbullying and online harassment.



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Why Internet Safety is Important

Do You Know...

- Who's tracking your devices?
- Why are they tracking your devices?
- How are they tracking your devices?
- What can you do to limit tracking?

Who/What is tracking your devices?

- Social media apps
- In-home security and entertainment devices
- Third-party marketing and managing sites

Why are these devices and apps tracking you?

- Consider this scenario
 - Roughly 331.9 million people in the United States
 - 65% are 18 and older
 - 65% of 331.9 million people is 215.7 million people
- Selling your data
 - Lowest is \$0.50
 - Highest is \$89.00
 - \$44.00 x 215.7 million people
 - \$9.4 billion industry

Maintaining Personal Security

- Data collection includes:
 - Personal Data
 - Location Data
 - Search History
 - Storage



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Activity

Privacy Setting Check

Android

- Tap ☰ in the top right of screen
- Scroll down and tap Settings and Privacy
- Tap Settings

iPhone

- Tap ☰ in the bottom right of the screen
- Tap Settings and Privacy
- Tap Settings

Settings and Privacy – How To



Home



Friends



Watch



Marketplace





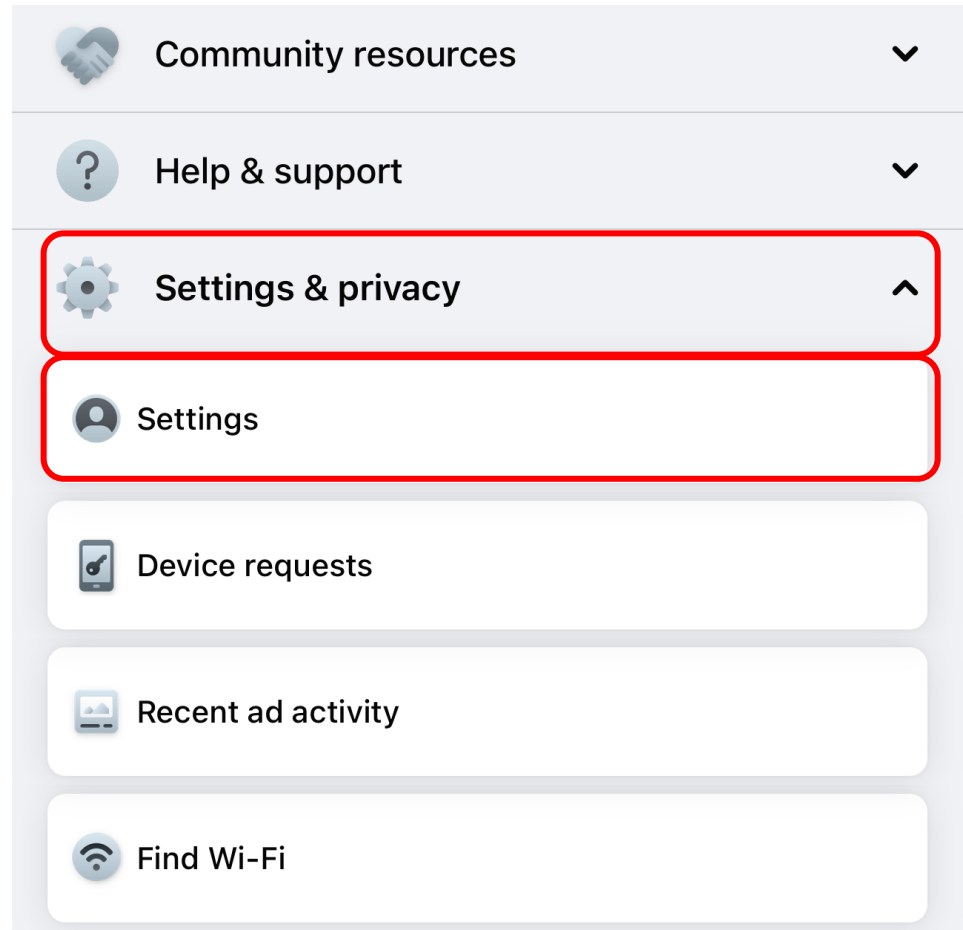
Notifications



Menu

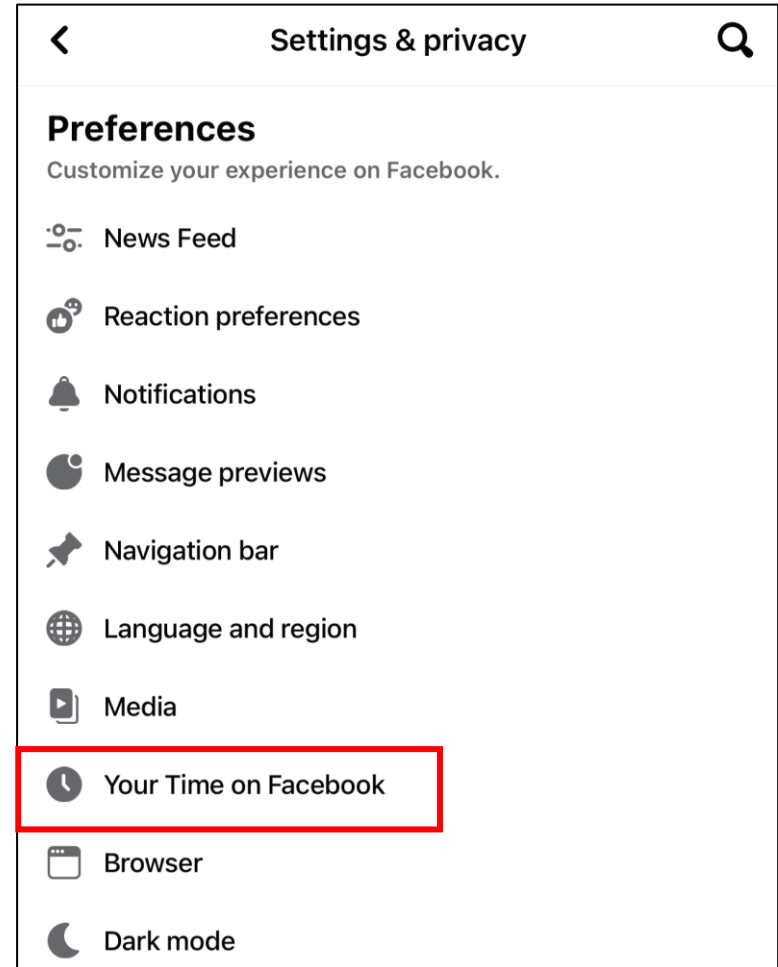
Settings and Privacy

1. If not already open, tap here first. 
2. Then tap here. 



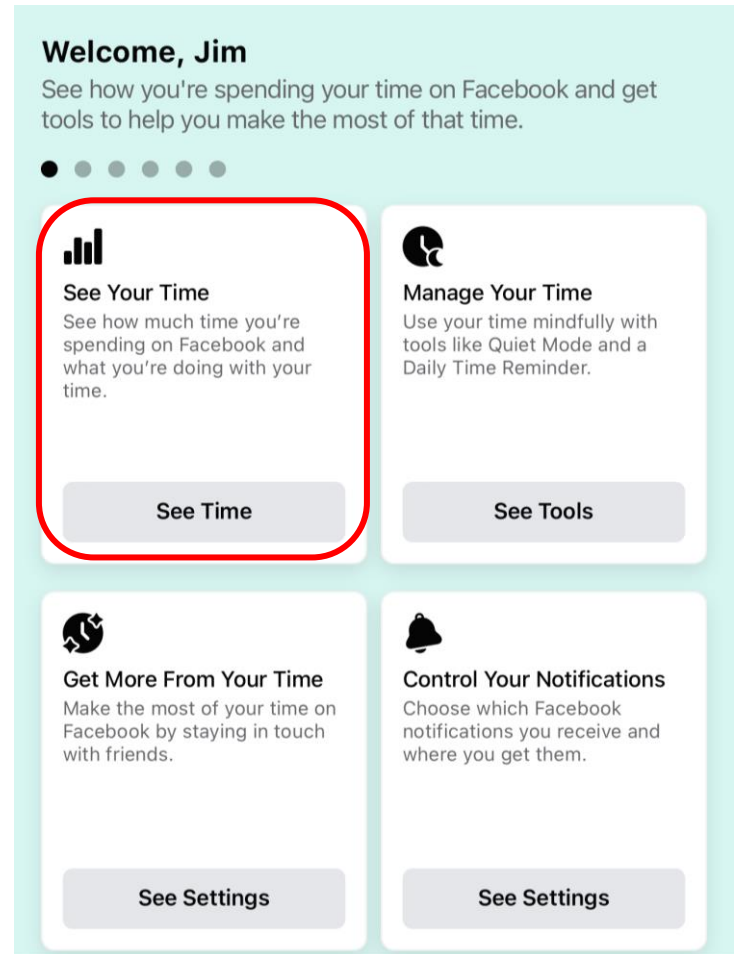
Your Time on Facebook

Tap here




Your Time on Facebook

Tap here →




Welcome, Jim
See how you're spending your time on Facebook and get tools to help you make the most of that time.

● ● ● ● ● ●




See Your Time
See how much time you're spending on Facebook and what you're doing with your time.

See Time




Manage Your Time
Use your time mindfully with tools like Quiet Mode and a Daily Time Reminder.

See Tools



Get More From Your Time
Make the most of your time on Facebook by staying in touch with friends.

See Settings

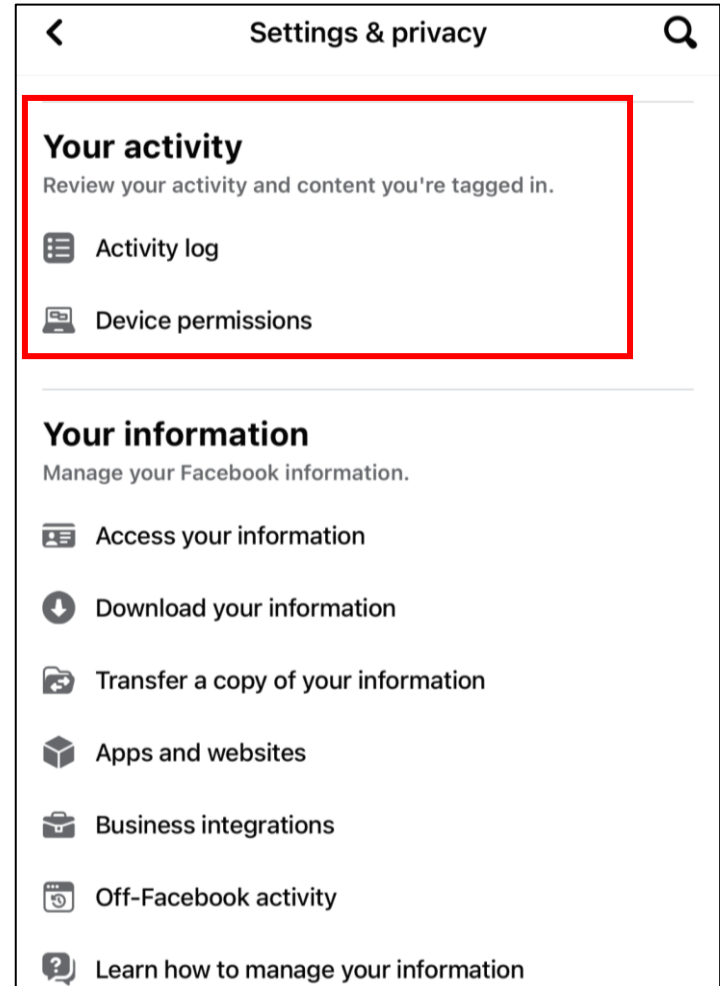


Control Your Notifications
Choose which Facebook notifications you receive and where you get them.

See Settings

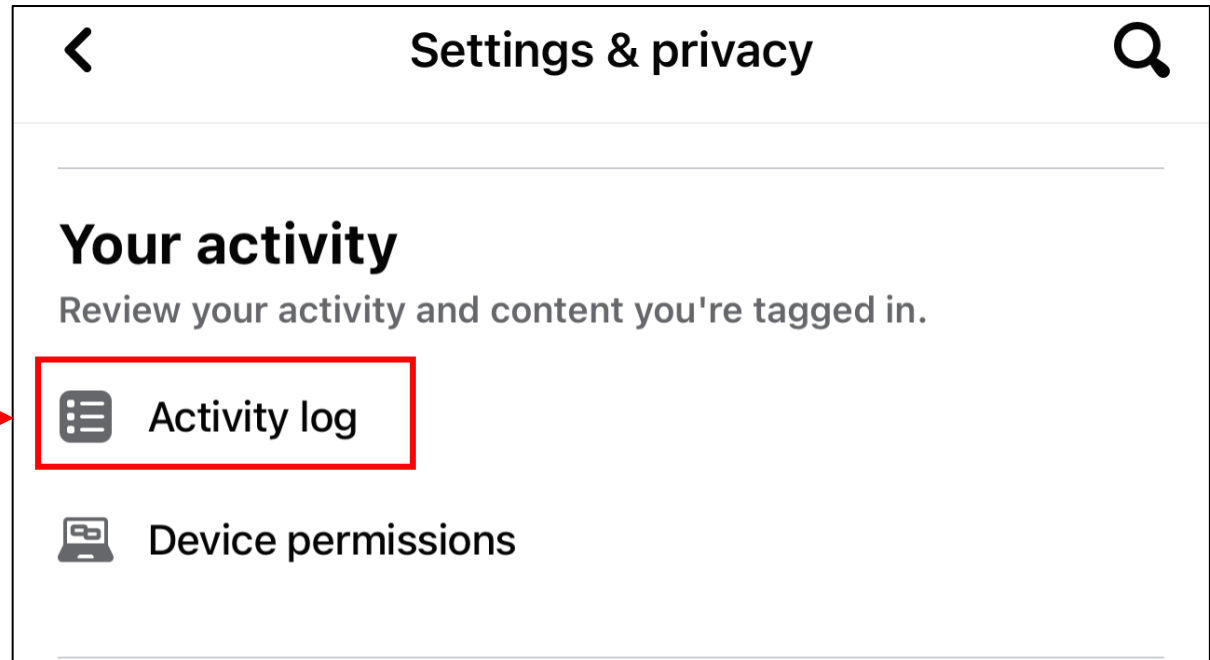
Activity Log

Back on the “**Settings and Privacy**” main screen, swipe until you see “**Your activity**”.



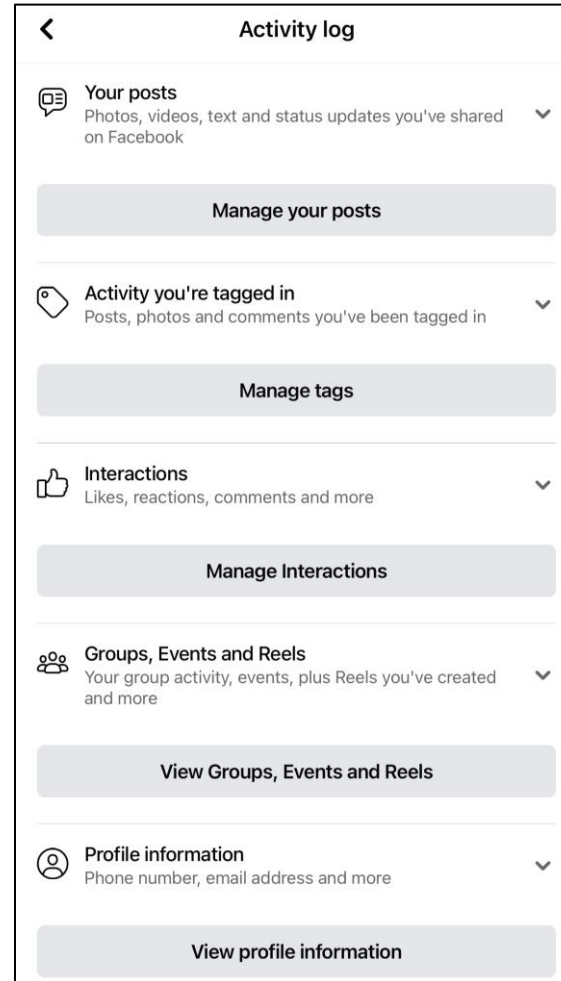
Activity Log

Tap here



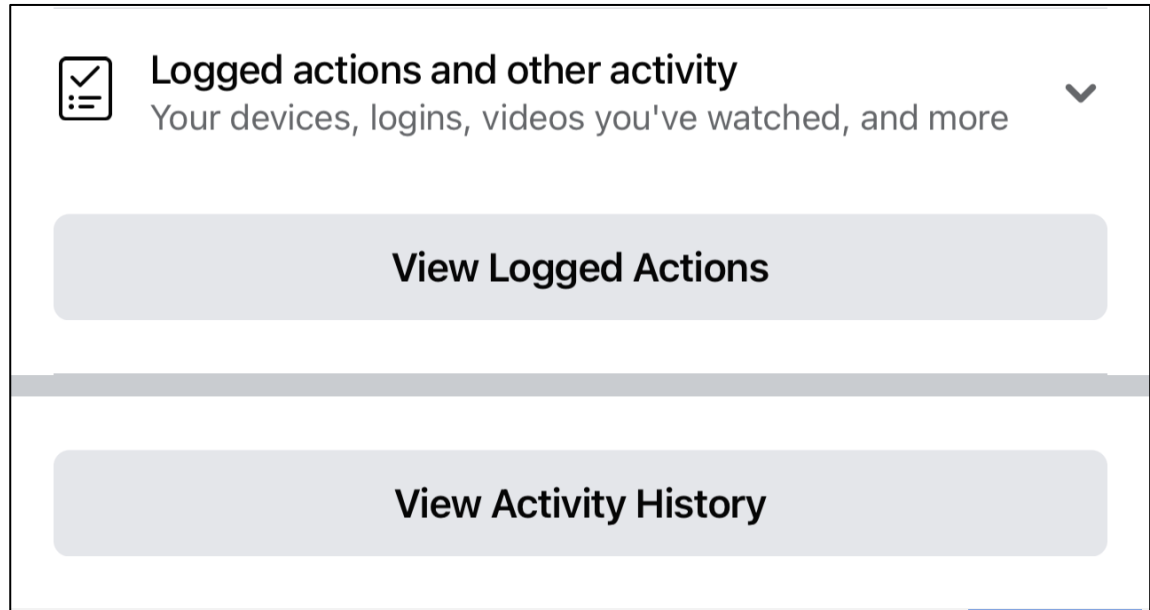
Activity Log

From here you can view all actions within Facebook that your profile is associated with.



Activity Log Actions and History

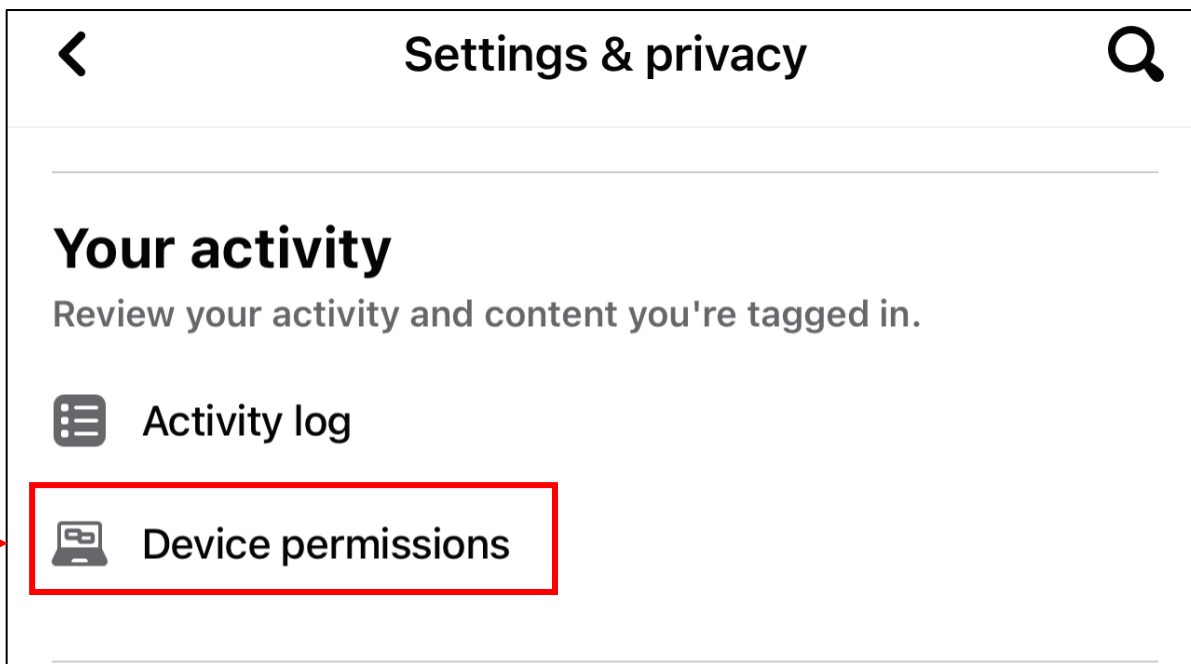
From here you can view your **“Logged Actions”** and all your **“Activity History.”**



The screenshot shows a user interface for viewing activity logs. At the top, there is a header with a checkmark icon and a list icon, followed by the text "Logged actions and other activity" and a dropdown arrow. Below this, there is a subtitle: "Your devices, logins, videos you've watched, and more". Underneath the subtitle, there are two large, light gray buttons. The first button is labeled "View Logged Actions" and the second button is labeled "View Activity History".

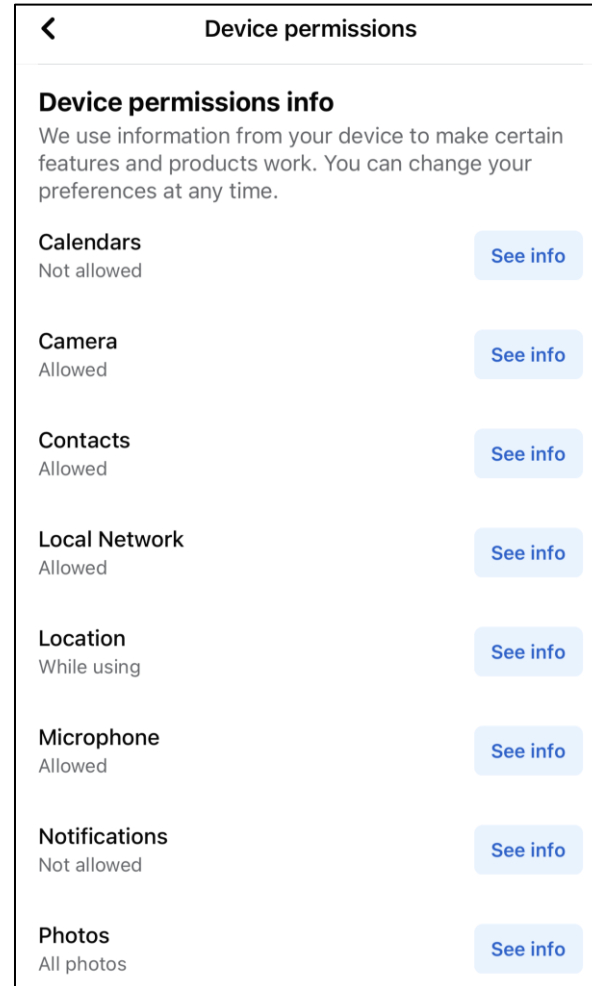
Device Permissions

Tap here



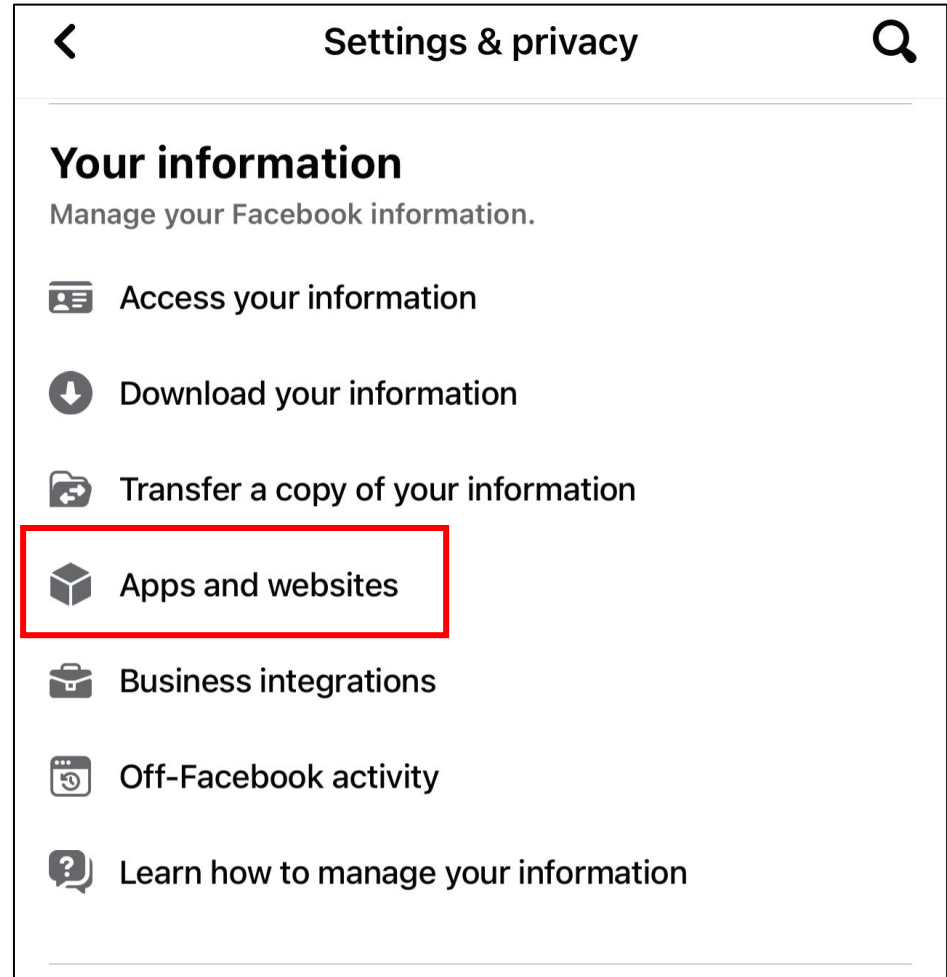
Device Permissions

From here you can review all the permissions you have allowed Facebook to have access to.



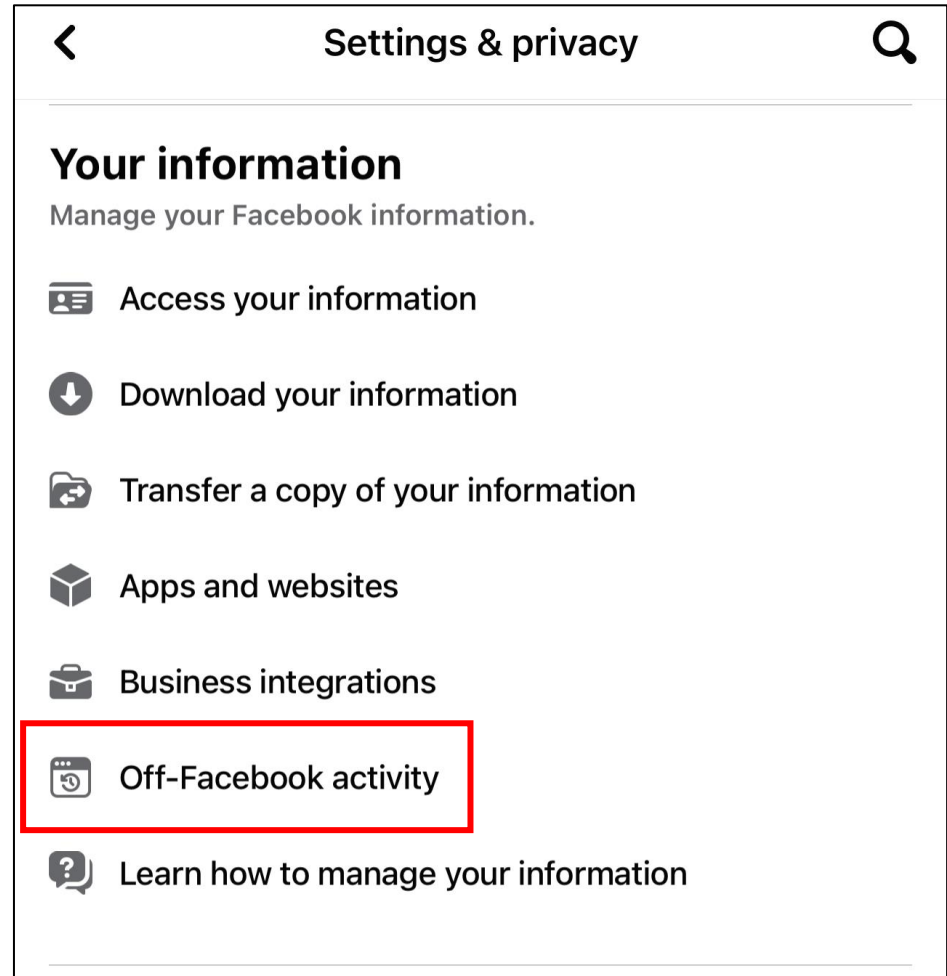
Apps and Websites

Tap here →



Off-Facebook Activity

Tap here



Off-Facebook Activity

- Manage Activity
- Enter in Password

Off-Facebook activity

Off-Facebook activity includes information that businesses and organizations share with us about your interactions with them, such as visiting their apps or websites. [Learn More](#)

Recent activity



You have no available activity to show at this time.

Privacy tips



What is off-Facebook activity?



Activity Controls

Options to view or disconnect activity shared with us by businesses and organizations you visit off of Facebook



Select Activity to Disconnect



Clear History



Disconnect Future Activity

... More Options

Discussion

- How does this relate to instruction in the classroom?
- How do you see these benchmarks being a part of your health or physical education course?
- How would you use the benchmarks in a health education or physical education course?



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Questions

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